

Some people enjoy change, and they look forward to new experiences. Others like their lives to stay the same, and they do not change their usual habits. Which do you prefer? Use specific reasons and examples to support your answer.

(hook) Why would someone be afraid to try new opportunities? It is a difficult question, and everyone should find an answer from his/her perspective. In the modern world of choices every person has a chance to change anything in her/his life or not. There is a great quote that I just recalled; it states, "Winners do not wait for changes, they take them." This saying exactly shows my opinion. **(Thesis)** **Although doing the same things and not changing our usual habits may (+) be safer and may lead to more relaxed lifestyle, actually enjoying changes and looking forward to new experiences are more preferable because of several reasons.**

(reason 1) **First of all, the benefit of trying new things is an opportunity for a change and improvement.** When we take a risk and change something we get an opportunity to succeed. It is always hard to make the first step, but if we do not make that step, we will never know what the result can be. For example, my uncle worked for a large company for about fifteen years. He had stable job with stable salary and good benefits for him and for his family. However, once he received a new job offer from another state. It was hard for him to accept that offer and change his lifestyle, but he did it. After a year of working in the new company, he became the president of that company. Later on, he founded his own business. **Hence**, my uncle's example exactly indicates that changes are very important to have better opportunities for a brighter and successful future.

(reason 2) **Moreover, changes and new experiences help us to become more confident and develop critical thinking.** Every new experience is a new lesson for our

lives. Throughout the experience we develop critical thinking, creativity, and with every success, we become more confident. It is like the threshold concepts; only passing through difficulties, we can find the best ways to solve problems and become self-confident. **Ultimately**, with any change we improve and feel confident.

(refute) Furthermore, for the refutation purposes, it is important to acknowledge and validate the counter argument too. So, it is true that **doing the same things and not changing anything is another good option**. One cannot deny **that** in such lifestyle, people feel more stable. **Also**, with no changes, they are already in a comfort zone. **However**, only by trying new things and making changes, we can explore new paths and feel the real taste of life. **Therefore, I would choose and recommend (advocate) looking forward to new experiences** in order to have a more successful and advantageous life.

In conclusion, each individual has a choice for how to spend his/her life. **Since (reason 1) having more opportunities, being confident, and (reason 2) developing critical thinking are very important; thus, enjoying changes and looking forward to next experiences are more preferable**. As a “call for action,” I, therefore, suggest to value any changes to enjoy all the delights of life.